

**CHARTWAY®**

# NORFOLK HARBOR

HALF MARATHON & 10K

We Promise FOUNDATION 5K

PRESENTED BY  Run 5000 in Motion

**FREEMASON**

 MILE MARKER

 WATER & NUUN HYDRATION

**DOWNTOWN**

**5K COURSE  
NOVEMBER 20, 2021  
8:00AM  
NORFOLK, VA**

